

Vital Care Kit

USER MANUAL

A combination of essential medical devices and 1 year membership to our remote medical service, to help detect and respond to viral infections.



Instructions for Use – User Registration

Step 1

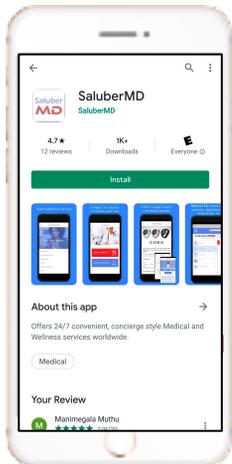
Download the SaluberMD App from the App Store or Google Play

Step 2

Open the App, select "Register" then "Patient" then "Next" and enter the code included in the kit

Step 3

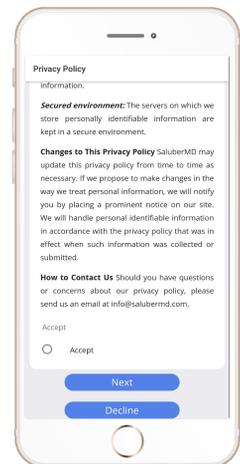
Read the terms of use and privacy policy and "check" at the bottom of the document.



Step 1



Step 2



Step 3

Step 4

Enter the user and password you selected to access the App.

Step 5

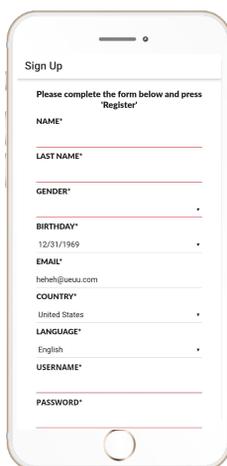
As soon as you enter the App you will have to complete your profile.

Step 6

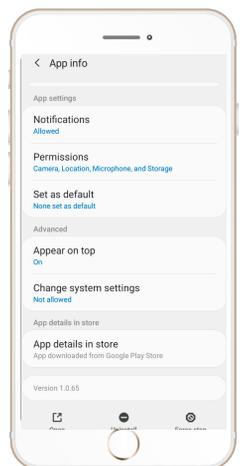
Allow all permissions required by the App and Join SaluberMD



Step 4



Step 5



Step 6



Instructions for Use – SMART Infrared Thermometer

Step 1 Switch on the SMART Infrared Thermometer

Step 2 Open SaluberMD. Go to My Health Profile → Medical Device Data → Body Temperature

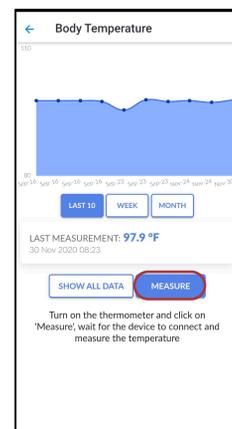
Step 3 Click on “Measure”



Step 1



Step 2

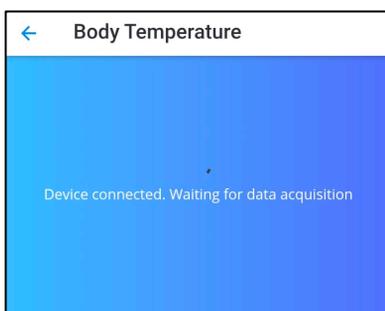


Step 3

Step 4 Once the device is connected, the screen shown in step-4 will be displayed

Step 5 Hold the thermometer on the forehead and click the Measurement button once

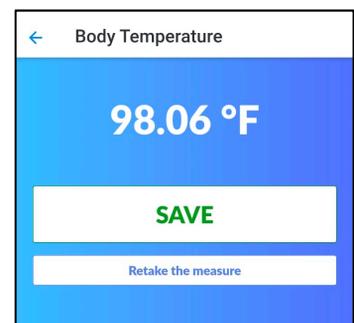
Step 6 The measurement is shown as displayed. Save or retake the measurement as needed



Step 4



Step 5



Step 6



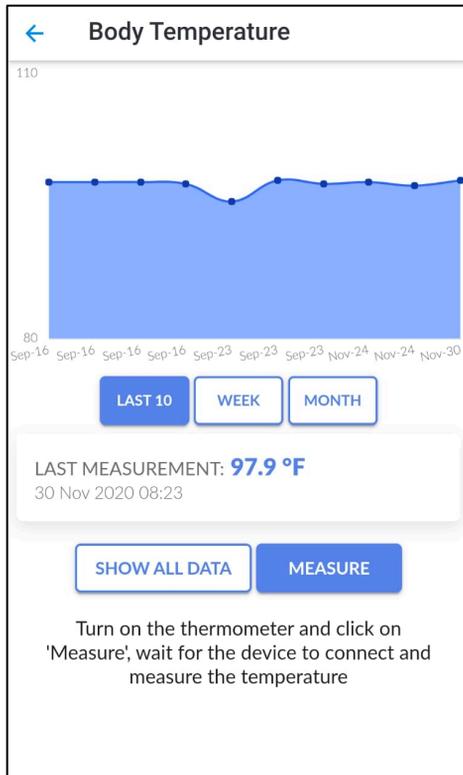
Instructions for Use – SMART Infrared Thermometer

Step 7

The last measurement will be displayed

Step 8

Click on Show all data to view the entire list of measurement



Step 7

Body Temperature

98.1 °F	15 Dec 2020, 22:19
97.9 °F	30 Nov 2020, 08:23
97.3 °F	24 Nov 2020, 09:37
97.7 °F	24 Nov 2020, 09:34
97.5 °F	23 Sep 2020, 09:15
97.9 °F	23 Sep 2020, 07:44
95.5 °F	23 Sep 2020, 07:42
97.5 °F	16 Sep 2020, 07:27
97.7 °F	16 Sep 2020, 07:20
97.7 °F	16 Sep 2020, 07:15
97.7 °F	16 Sep 2020, 07:15
97.2 °F	16 Sep 2020, 07:14

Step 8



Instructions for Use – Finger Oximeter

Step 1

Open SaluberMD. Go to My Health Profile → Medical Device Data → SpO2

Step 2

Click on “Measure”

Step 3

Open the clip and put the finger into the oximeter. Oximeter powers on automatically.



Step 1



Step 2



Step 3

Step 4

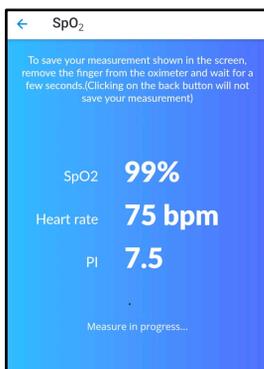
The measurement in progress will be displayed as follows

Step 5

Anytime you would want to record and save the reading, remove the fingers from the device. The latest measurement will be shown as displayed on the screen

Step 6

Click on Show all data to view the entire list of measurement



Step 4



Step 5

SpO2	Timestamp
99 %	15 Dec 2020, 22:20
99 %	30 Nov 2020, 08:25
98 %	30 Nov 2020, 08:25
99 %	24 Nov 2020, 09:36
99 %	24 Nov 2020, 09:36
99 %	24 Nov 2020, 09:33
99 %	23 Sep 2020, 09:32
99 %	23 Sep 2020, 07:45
99 %	23 Sep 2020, 07:43

Step 6

Instructions for Use – Video consultation

Step 1 To make video calls select »See a provider«

Step 2 Select the medical specialty

Step 3 Choose the doctor



Step 1



Step 2

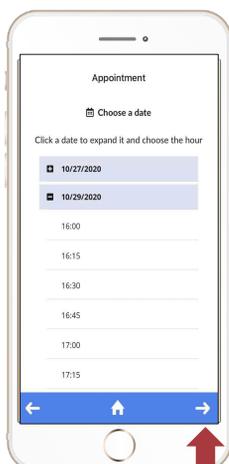


Step 3

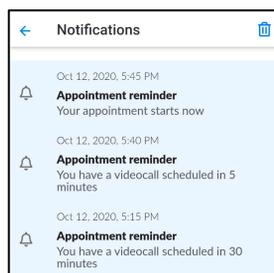
Step 4 Choose the date and time you prefer, press the arrow at the bottom right, and finally press "Book".

Step 5 You will receive a series of notifications from 2 hours before, until the start time of the video consultation.

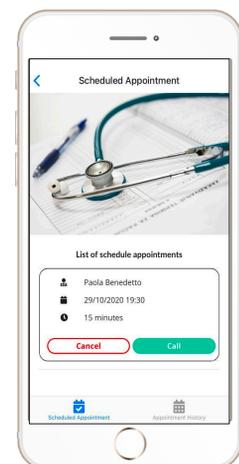
Step 6 From 5 minutes from the scheduled time, open the notification that directs you to the call, or go to "My Timelines", then "My Appointments" and "Call". Answer the questionnaire, using the arrows at the bottom right to move on, you can insert photos or documents needed by the doctor. Finally make the call



Step 4



Step 5



Step 6